## GARNER-HAYFIELD-VENTURA HAPPENINGS

Garner-Hayfield-Ventura Community School District Newsletter 605 Lyon St., PO Box 449 Garner, IA 50438 Non-Profit Organization U.S. Postage Paid Garner, IA Permit No. 42

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## GARNER-HAYFIELD - VENTURA HAPPENINGS

Vol. 45 No. 5

#### www.ghvschools.org

April/May/June, 2018



#### **SCHOOL BOARD MEETINGS**

The upcoming Garner-Hayfield-Ventura School Board meetings will be held as follows:

- Monday, April 9, 2018, 6:30 p.m.
- Monday, May 14, 2018, 6:30 p.m.
- Monday, June 11, 2018, 6:30 p.m.
- Monday, July 9, 2018, 6:30 p.m.

The meetings begin at 6:30 p.m. and are held in the high school media center. Visitors are welcome to attend.

#### **SUBSTITUTES NEEDED**

With spring fast approaching, we are still looking for responsible people to substitute when our staff needs to be gone. If you are interested, please call the following people with your information.

PK-4th Substitutes – D. Dallman, 923-2831 5<sup>th</sup>-8<sup>th</sup> Substitutes – C. Echelberger, 829-4484 HS Substitutes – L. Formanek, 923-2632 Custodial Substitutes – Kris Hanson, 923-2718 Kitchen Substitutes – K. Zobrist, 924-2356 Nurse Substitutes – B. Hiscocks, 923-2831 Paraprofessional Subs – D. Dallman, 923-2831 Substitute Bus Drivers – Kevin Hanson, 923-2134

New substitutes will need to stop in the Superintendent's Office to complete background check paperwork. THANKS!

### NONDISCRIMINATION POLICY STATEMENT

It is the policy of the Garner-Hayfield-Ventura Community School District not to discriminate on the basis of race, color, national origin, sex, disability, religion, creed, age (for employment), marital status (for programs), sexual orientation, gender identity and socioeconomic status (for programs) in its educational programs and employment practices. There is a grievance procedure for processing complaints of discrimination. If you have questions or a grievance related to this policy please contact the district's <a href="mailto:Equity Coordinator">Equity Coordinator</a>: Jim Haag, GHV High School Principal, 605 Lyon Street, Garner, lowa 50438, <a href="mailto:641-923-2632">641-923-2632</a>, <a href="mailto:jhaag@ghvschools.org">jhaag@ghvschools.org</a>



## JUNE 15th DEADLINE FOR HENSCHEN SCHOLARSHIP APPLICATIONS!

The Scholarship Committee of the Zion Evangelical and Reformed Church in Garner announces that applications for the William Henschen Scholarship are due **June 15**, **2018** for the 2018-2019 school year.

College students and graduates of the Garner-Hayfield-Ventura Community School District, who reside within the Garner-Hayfield-Ventura Community School District, are invited to apply for scholarship. Students who are uncertain about attending college in the fall are encouraged to apply.

Forms are available at the Garner-Hayfield-Ventura High School. Forms are also available at the Clear Lake Bank and Trust and at Reliance State Bank in Garner.

The deadline to accept applications is **June 15**, **2018**. Please submit applications early to avoid missing the acceptance date. **Official college transcripts** should be submitted immediately following the completion of the spring term. All official college transcripts are **due July 15**, **2018**.

Questions can be directed to Wendell and Brenda Davison, 2325 -  $290^{th}$  Street, Garner, Iowa 50438, or by phone <u>641-927-4421</u>.

Please remember to turn in your application by **June 15**, **2018**, and transcripts by **July 15**, **2018**.

No reminder phone calls will be made.

#### **MAKING UP SNOW DAYS**

Due to inclement weather, GHV's last day of school will now be **Wednesday**, **May 23**, **2018**. Any additional weather delays or cancellations would alter this date.

**Garner-Hayfield-Ventura Schools - MISSION STATEMENT** 

To prepare students for a successful future in a kind, caring, and compassionate way.

## CHROMEBOOK CHECK-IN FOR 7-12 GRADE STUDENTS

by Brenda Haag

ChromeBooks assigned to our 7-12 grade students will be collected for the summer for maintenance. A student's check-out sheet will be signed after his or her ChromeBook is inspected and approved by the GHV Technology Department. All ChromeBook fines must be paid by seniors prior to graduation and paid by 7-11 grade students prior to the last day of school. ChromeBook check-in for seniors will be Wednesday, May 16. Students in grades 7-11 will turn ChromeBooks in during the last week of school.

been learning about inventions and innovations. The GHVE Invention Convention will be held April 12-13. Second, third, and fourth graders choosing to participate will bring their inventions to school on April 12. Winners will advance to the Regional Invention Convention on April 17, at Willowbrook Mall in Mason City. Please contact Mrs. Kumsher for further information.



Through the Talented and Gifted program at Garner-Hayfield-Ventura Elementary students in grades 2-4 have

## NEW IMMUNIZATION REQUIREMENTS! (7<sup>TH</sup> & 12<sup>TH</sup> GRADERS) by Nurse Bonnie & Nurse Holly

The Iowa Department of Public Health has made changes to the Iowa Immunization Law for the start of the 2018-2019 school year. This change requires that all students entering 7<sup>th</sup> grade have both a Meningococcal Immunization and a TDAP (Tetanus, Diphtheria, and Pertussis/Whooping Cough) booster before school starts this fall. All students entering 12<sup>th</sup> grade must have a Meningococcal Immunization before school starts this fall.

Pertussis (whooping cough) is a very contagious disease that causes violent coughing fits that make it hard to breathe. Meningococcal disease is a life threatening illness that is caused by bacteria that infects the brain, blood, and spinal cord. It easily spreads in crowded settings.

All students in 7<sup>th</sup> and 12<sup>th</sup> grade must show proof of these immunizations being completed BEFORE the start of the school year.

Immunizations can be given at your physician's office by appointment, or will be offered at school during spring physicals.

#### **SPRING PHYSICALS**

Once again, Hancock County Health Services will be teaming with GHV to bring sports physicals to the school. This is a great opportunity to have physicals completed without having to take time off from work/school. Vaccines will be offered during this time as well. Look for more information to come as we finalize dates/times.



## GHV GOOGLE ACCOUNTS FOR STUDENTS by Brenda Haag

GHV Google accounts will remain open during the summer for students in grades 4-11. GHV Google accounts for graduating seniors will remain open until August 15. Seniors are encouraged to open a personal Google account. Please choose to name your account in a professional manner as you may share it with prospective employers or colleges. Seniors can begin transferring important data from their school account to their personal account at any time. Our 2018 graduates should also update e-mail addresses for any services linked to their school Google accounts, such as Netflix. If you have any questions regarding your Google account, please see Mrs. Haag.

## INVENTING AT GHV ELEMENTARY By Jennifer Kumsher

Inventing is the process of developing original products that meet specific needs, and successfully completing this process requires a major commitment to a task. The U.S. Patent Office has expressed the concern that fewer people are willing to make such a commitment, as evidenced by the decreasing number of patent applications. Inventing is a complex reasoning process that allows students to use their previously acquired knowledge in meaningful ways. The process of inventing helps students reorganize and extend their knowledge by making connections between prior learning experiences.

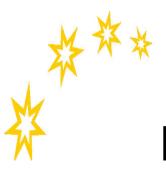


#### PHYLLIS WOIWOOD SCHOLARSHIP

The Phyllis Woiwood Scholarship will again be awarded to a graduate of Garner-Hayfield-Ventura High School for the 2018-19 school year. Mrs. Woiwood taught music to K-6 students in the GHV School for 24 years. The Woiwood family left an amount of money to the Music Boosters to set up a scholarship in her name.

This scholarship can be used by any GHV graduate who would be pursuing music at the college level. The costs of private lessons, instruments, music, etc. is very high and the Phyllis Woiwood Scholarship could greatly aid a young person with musical talent. Applications for the scholarship are available now in the GHV principal's office.

Anyone interested in donating to this non-profit scholarship may send your donation to the GHV High School, 605 Lyon Street, Garner, Iowa 50438. The deadline for applying is June 1.



# PROM 2018!!!

### **Grand March and Post Prom**

We are so excited for Prom 2018! The Grand March theme this year will be the same as the dance, *A Night in Paris!* It will be a night to remember, complete with the city scapes and lights! The Grand March will begin at 7:30 p.m. in the high school gymnasium. Cost to the public will be \$2.00.

The dance will follow, in the cafeteria, and will end at midnight. This is just the beginning of the evening!! The Post Prom festivities will include an improv comedian, photo booth, human hamster balls, archery tag, games, and a cash cab! We will wrap up the night with great prizes! Post Prom will end at 4:00 a.m.

Anyone planning to attend Post Prom must have the release form for themselves and their date turned into the office by Tuesday, April 10th. Please watch for this form via email. If you need a hard copy, they will be available from the high school office.

## ELEMENTARY VISUAL ARTS by Annette Smidt

Our elementary art students continue to amaze and inspire. Each spring, our talented GHV students have been asked to participate in the annual Clear Lake Arts Center Student Art Show. What an opportunity it has been for them to experience having their artwork on display in a gallery along side their peers from neighboring districts! Student artwork filled the gallery from grades K-12 from March 2nd- March 31st. This year's GHVE representatives were:

Cora Bjoraker, Dominic Ashe, Jacob Stromer, Titus Baxter, Katie Mauer, Aubrey Upmeyer, Khamrom Cherry, Carson Madsen, Chloe Bjoraker, Carter Gerdes, Kailyn Byom, Avery Furst, Aurora Boswell-Wood, Jean Hooks, Peyton Poppy, Reed Rauk, Grace Welsh, Myra Rauk, Josh Hejlik, Jaelyn Anderson, Hailey Rombough, Brycen Andersen, and Shane Fetterman.

I was also excited to learn this past fall that four of last year's CLAC Student Art Show participants from GHVE were selected for the 2018 Clear Lake Arts Center Calendar! We were so honored to have been selected. Artwork from Marissa Muff, Dionysus Goll, Meredith Hinz, and Kaleb Feld is featured.

As always, I continue to be so proud of my students and all their achievements. Wishing you a joyful spring season, Mrs. Smidt, Elementary Visual Arts

#### **SUMMER SPORTS SCHEDULE**

Summer 2018 GHV Baseball and Softball Schedules can be found at **topofiowaconference.org**. This site will give you the most up to date information on all athletic schedules.









## Fast ForWord Family Literacy Night by Danielle Dykstra, Kathy Thiele, and Megan Dodd

Calling all Fast ForWord students and their families!

Please join us Monday, April 30th at 6:30 pm in the

GHV Elementary school cafeteria.

Be ready to show us your literacy, language, and reading skills as we bring the Fast ForWord games to life! We will conclude our night with a time for questions and answers and ice cream sundaes!



At GHV, we invite Parents/Guardians and Aspiring Kindergarteners to Round Up. Your child will spend time with several of our outstanding teachers, while parents and guardians get to spend time at "Parent University" with a few staff members. We will provide you with information on what to expect as your child attends TK or Kindergarten.

This year we will be hosting Kindergarten Round Up on April 19 and 20. We are going to try to keep our AM Preschool students grouped together with their AM Preschool friends; our PM Preschool students together with their Preschool friends; our Redeemer Preschool students together with their Preschool friends; and Little Lambs Preschool students together with their Preschool friends.

For those of you who are new to GHV, or if your child has not attended preschool, we will allow you to choose a time slot that works best for your schedule.

## Here are the official dates & times for Kindergarten Round Up:

Thursday, April 19, 9:00-11:00 a.m. (GHV AM Preschool, and a few openings)

Thursday, April 19, 1:00-3:00 p.m. (GHV PM Preschool, and a few openings)

Friday, April 20, 9:00-11:00 a.m. (Redeemer Preschool, and a few openings)

Friday, April 20, 1:00-3:00 p.m. (Little Lambs Preschool, and a few openings)

If you have a child that will be in Kindergarten this fall, please call the Elementary School, 641-923-2831, if you have not already done so.

#### NO TK or KINDERGARTEN DURING ROUND UP

For the current year kindergarten students, there will be **NO REGULAR TK or KINDERGARTEN CLASSES** on the days of Round Up, **APRIL 19 and APRIL 20**.

## FINANCIAL AID PRESENTATION FOR GHV JUNIORS (CLASS OF 2019)

By Angie Bierle

What: Financial Aid Information Night

When: Thursday, April 12, 2018

Time: 6:30 p.m.

Where: Garner-Hayfield-Ventura High

**School Auditorium** 

Junior parents and students will learn about the financial aid process, the forms that will need to be completed, the different types of financial assistance available, and where they can go for help. This program will provide useful information on how and when to get started with the financial aid process. The information will include:

\* Completing the FAFSA (Free Application for Federal Student Aid).

- \* Important deadlines.
- \* Overview of the financial aid process.
- \* Types of financial assistance available.
- \* Scholarships and scams.
- \* Helpful tips.
- \* Where to go for additional help.

A representative from the Iowa College Access Network (ICAN) will present the latest financial aid information. ICAN is a division of Iowa Student Loan Liquidity Corporation (a private, not-for-profit corporation). Its mission is to provide free information, assistance, counseling and support to college-bound students and their families as they plan for college and apply for financial aid. Please join us!

Individuals needing more information about financial aid are encouraged to contact Angie Bierle, Counselor, at the High School, (641) 923-2632.



## ARSENIC AND OLD LACE, by Joseph Kesselring Stacie LaMoore

Mortimer Brewster is living a happy life: he has a steady job at a prominent New York newspaper, he's just become engaged, and he gets to visit his sweet spinster aunts to announce the engagement. Mortimer always knew that his family had a bit of a mad gene -- his brother believes himself to be Teddy Roosevelt and his great-grandfather used to scalp Indians for pleasure -- but his world is turned upside down when he realizes that his dear aunts have been poisoning lonely old men for years! When Mortimer's maniacal brother, Jonathan, (who strangely now resembles Boris Karloff) returns on the night that the aunts were planning to bury the newest victim, Mortimer must rally to help his aunts and protect his fiancé -- all while trying to keep his own sanity.

## April 6th, 7pm - April 8th, 2pm Tickets \$4/Adults, \$3/Students Tickets available in the HS Office and through Payschools

#### Cast & Crew

Lieutenant Rooney – Abby Christians; Officer Klein – Brandon Brown; Rev. Harper – Bryant Cook; Mr. Witherspoon – Caleb Renner; Elaine Harper – Emily Howke; Jonathan Barewster – Eric Heitland; Abby Brewster – Helen Rockwell; Mr. Gibbs – Isaac Bell; Teddy Brewster – Jacob Leerar; Mortimer Brewster – Jaden Smith; Officer – Makenna Rayhons; Officer O'Hara – Patrick Carew; Officer – Raine Pralle; Officer – Sarah Sperr; Officer: Sinead Wheeler; Officer Brophy – Spencer Duregger; Martha Brewster – Star Pralle; Dr. Einstein – Travis Schmidt.

**Tech Crew:** Aaron Lang, Cam Lau, Dalton Hawe, Luke Brown, Jazmin Devora.

## April/ May/June 2018

## Students Speaking Up

## Iowa AC4C goes to Iowa Capitol for Substance Abuse Prevention Day on the Hill

On Wednesday, February 21<sup>st</sup>, the Alliance of Coalitions for Change (AC4C), a state-wide collaboration to effect positive change in substance abuse, met with state legislators to discuss their concerns

about youth marijuana use and substance use in lowa along with education on increasing the beer excise tax in lowa.

Six of the Garner Asset Project's Teen Council students were among the several community coalitions, representing a mixture of lowa's rural and urban populations.

lowa has a low rate of marijuana use when com-

pared to the national average. However, the perception of harm among youth is declining. A lower perception of harm historically shows us that there will be a rise in use.

The 2016 lowa Youth Survey showed 10% of 11th graders reporting marijuana use in the past 30 days. 41% of 11th graders believe there is a slight risk or no risk

in harming themselves if they use marijuana once a week. In states with policy expansion of marijuana, youth use rose as perception of risk decreased.

For 32 years lowa's beer tax has remained at LESS THAN \$.02 per drink. In lowa, excessive alcohol use including binge drinking cost \$1.9 billion or \$1.59 per drink in problems associated with binge drinking in 2010 (CDC, 2016). Alcohol is the most commonly used

substance in Iowa and binge drinking is a common form of alcohol consumption. It is a serious public health concern! Young adults aged 25-34 years of age are most likely to binge drink, followed by those aged 18-24 and 35-44 years old (IDPH). In 2015, 20% of adult Iowans (over 400,000 people) engaged in binge drinking



L to R: Jacob Leerar, Tori Sloan, Nathan Larson, Tyler Kumsher, Colton Schroeder, Caleb Renner, and Rep. Terry Baxter.

(BRFSS). In 2015, lowa ranked 5<sup>th</sup> in the nation for percentage of adults who binge drink (CDC, 2016). According to the 2016 lowa Youth Survey, 13% of lowa 11<sup>th</sup> graders have binge drank in the last 30 days.

It is important for the health of lowans to keep drug use at a low rate.

On Tuesday, Feb. 27, 2018, Teen Council members were invited to speak to the Garner City Council offering local student data and National Institute on Drug Abuse data on marijuana. Students offered a draft resolution with best practices for decision makers to consider for potential city zoning of commercial marijuana in the future.

L to R: Teen Council Vice Chair Tori Sloan, Chair Emily Howke, Dalton Hawe, and Paige Rasmuson.



## Changing Attitudes: It's not a 'rite of passage'

Alcohol and drug use by young people is extremely dangerous--both to themselves and to society--and is directly associated with traffic fatalities, violence, suicide, educational failure, alcohol overdose, unsafe sex and other problem

behaviors, even for those who may never develop a dependence or addiction. Adolescence is a time of heightened risk-taking and as alcohol and drugs enter the picture, parents are faced with a unique set of challenges. Parents often forgive underage drinking as a

"rite of passage." They can simply sit back and hope their kids will "get through it," or they can change their attitude and take an active role in learning about alcohol and drugs and help their kids do the same.

It can be daunting to <u>talk with children about</u> <u>drinking and drug use</u>, but it is well worth the effort parents put into it. In fact, research has

shown that kids who have conversations with their parents and learn a lot about the dangers of alcohol and drug use are 50 percent less likely to use these substances than those who don't have such conversations.

Here's the opportunity when parents can reinforce that using alcohol is not a 'rite of passage.' In fostering "changing attitudes" parents can help kids understand that drinking isn't a way to feel or be independent, "cool," or to fit in socially. Young people can learn that alcohol is not neces-

sary for having a good time and non-use of alcohol is a healthy and viable option. We can learn to respect another person's decision not to drink alcohol.

"Alcohol and drug use is a very risky business for young people," says Andrew Pucher, President and CEO of NCADD, "and parents can make a difference. The longer children delay



## Rules Mean You Care

## **Set Limits & Monitor**

Kids want freedom. You don't want to be a nag. But when you've discovered drug or alcohol use, all bets are off.

### **Establish Rules & Consequences**

Rules provide a concrete way to help kids understand what you expect of them and to learn

self-control. Don't just assume they "know" you don't want them to drink or do drugs. Teens and young adults don't deal well with gray areas, so when they're offered alcohol or drugs, you



don't want any confusion in their minds.

If you're a parent who feels bad about setting limits, remember that deep down, your child actually wants them. Rules mean that you care about your child and his or her safety. And consequences actually help – not hurt them. A firm

consequence, such as getting grounded or having to give up a fun privilege, will remind your child what not to do in the future.

When you lay out rules and consequences, make sure you're clear – and that your child understands the limits you've set before there's opportunity to do something wrong. One great

way to do this is to actually write out the things you expect from one another (being home before curfew, getting a ride home from a party if things get out of hand), and jointly sign off on them, in effect, creating a contract.

#### Write a Contract with Your Child

Create a contract to establish clear rules and consequences.

Download a copy of a contract at: <a href="http://drugfree.org/article/set-limits-monitor/">http://drugfree.org/article/set-limits-monitor/</a>

## Smart Choices Make Great Memories

There are two very important events coming up for Garner-Hayfield/Ventura high schoolers. The first is Prom, a night of dressing up, eating out, dancing, and having fun with friends. This event should be exciting and create wonderful memories to last a lifetime, unless drinking or drugs are involved and then it could have a very different ending.

PROMise Yourself:

Smart Choices.
Great Memories.

GARNER ASSET PROJECT

Funding made possible by a Drug Free Communities grant through ONDCP and SAMHSA/CSAP.

Parents, talk to your kids. Be sure you encourage your student to be responsible in their behavior and with their friends. This is a night you want to talk about with your son or daughter for years to come and not a night you remember as the time you received a call from local law enforcement about an accident or arrest.

**Students, talk to your parents.** Let them know your plans - who you will be going with, how you

will be getting there, when you should be home. While planning your big night, use the tips listed to the left to make smart decisions to help keep you safe and lower stress.

Working together we can help make prom a safe and fun event for everyone.

## **Prom Night Safety Tips**

- Charge your cell phone and have it with you.
- Arrange safe transportation and buckle-up!
- Check in with your parents at some point during the evening and if there is a change in your plans.
- Trust your instincts -- if you feel uncomfortable or endangered, leave immediately.
- Smile for the camera: take time to enjoy the moment!



Graduation is the other milestone in every high schooler's life. We encourage parents and families of seniors to provide a party that does not involve drinking. Help to make this time a celebration of your student's accomplishments; put the focus on them, not the alcohol.

Parents of senior students are invited to pick up a yard sign declaring their graduation ceremony is alcohol free. Displaying this sign is one way to promote a positive message about safe and healthy celebrations for our youth.

Signs will be available for pick up during

Senior Awards Day or by contacting

Deb Quintus

at 923-2632 or dquintus@ghvschools.org

 Most parents talk to their kids about drinking two years too late. Age 8 is not too early.  What parents may not realize is that children say parental disapproval of underage drinking is the key reason they have chosen not to drink.

## Teen brain development and

RESEARCH SHOWS that alcohol affects a developing teen brain differently than an adult brain. "The brain goes through dynamic changes during adolescence, and alcohol can seriously damage long- and short-term growth processes" (American Medical Association Fact Sheet, 2003).

Alcohol may impair memory, learning, decision-making and impulse control; and it greatly increases the risk of addiction. In addition, alcohol can cause young people to develop social problems, have poor judgment, get into trouble, do poorly in school and experience failure in achieving lifelong goals.

To compound this problem,

research shows that parents generally underestimate the extent of teen drinking and its negative consequences. Thirtyone percent of youths who said they had been drunk in the past year were said by their parents to be non-drinkers. Others may view underage drinking as inevitable, but it isn't. To be alcohol-free, a teen needs parents who are trained in BONDING (creating a warm, loving relationship), setting BOUNDARIES (discussing clear, firm rules about no-underage-alcohol use) and MONITORING (knowing where your kids are and making sure they stay in an alcohol- and drug-free social environment at all times).

## Alcohol affects a teen brain differently than an adult brain.

- The brain's hippocampus (responsible for learning and memory) can be 10% smaller in underage drinkers.
- It can actually cause serious damage to the still-developing adolescent brain (10–21 years).

## JUUL: latest E-Cigarette Popular with Teens

#### What is JUUL?

in just two years on the market, JUUL, a new type of e-cigarette. has become so popular among young people that it has already amassed nearly half of the e-cigarette market share. The product's quick rise in popularity prompted **The Boston** Globe to call it "the most widespread phenomenon you've likely never heard of."



Here are some important things to know about JUUL, which may be putting a new generation of youth at risk of nicotine dependence.

#### How does JUUL work?

JUUL devices heat up a cartridge containing oils to create vapor, which quickly dissolves into the air. The device is small enough to fit in a closed fist and has a sleek, tech-inspired design that resembles a USB flash drive. While its manufacturer says that JUUL is only for adults, it comes in flavors — including mint, mango and crème brulee — which are proven to appeal to young

people and facilitate initiation of than combustible tobacco tobacco product use.

## Does JUUL have nicotine?

Yes. In fact, a single JUUL cartridge is roughly equal to a pack increase the likelihood of smokof cigarettes, or 200 cigarette puffs, according to the product website. Nicotine is an addictive chemical, and evidence suagests that nicotine use during adolescence and young adult-

> hood has longterm impacts on brain development.

Many young do not realize that they are inhaling nicotine when they vape or use ecigarettes. The majority of youth e-cigarette

users think that

the last time they used a product they vaped only flavoring,

ing to the University of Michigan's 2016 Monitoring the Future study. Yet the Centers for Disease Control and Prevention reported that 99 percent of ecigarettes sold in U.S. convenience stores, supermarkets and similar outlets in 2015 contained nicotine.

not nicotine, accord-

Is JUUL safer than smoking cigarettes?

While e-cigarettes are less toxic

products — still the leading cause of preventable disease and death in the country there is a catch. Using ecigarettes has been shown to ina ciaarettes amona youna people.

A new consensus report by the National Academies of Sciences, Engineering and Medicine, Public Health Consequence of E-Cigarettes, states that there is substantial evidence that ecigarette use increases risk of ever using combustible tobacco people, however, cigarettes among youth and young adults. A December 2017 study by the University of Pittsburgh Schools of the Health **Sciences**, published in the American Journal of Medicine, found that young adults who use e-cigarettes are more than four times as likely to begin smoking tobacco cigarettes within 18 months as their peers who do not vape.



For more information on why young people should not use ecigarettes, read our statement on the **2016 surgeon general's** report on the topic.

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Easter	No School	12:30pm - ISU Rep	1 Hr Early Dismissal	la Jazz Champ.	4:15pm - G/B Golf@LM	St 2A Solo/Ens Contest (H)
	4pm - Co-op Oil Meeting	4pm - B TR@EG	10:30am - NWICC Rep	4:30pm - 7/8 GTR@Waldorf	5pm - B TR@CGD	
	4:15pm - B Golf(H)CGD		10:45am - P Ranch RndUp	4:30pm - G TR@EG	7 pm - Spring Play	
	4:15pm - G Golf@CGD		11am - P Ranch RndUp	5:30pm - B Soc(H)Denver		
	4:30pm - G/B TR@WH			5:30pm - G Soc@CL		
	5:30pm - G/B Soc(H)CAL					
8	6	10	11	12	13	14
2pm - Spring Play	10am - DMACC Rep	4:30pm - 7/8 G TR @ BK	1 Hr Early Dismissal	7:45am - RAOC	8am - Han.Ctv. Career Fair	ACT Test Date
	4:15pm - G/B Golf@Bish	5pm - B TR@IF/A	7 am - CTE Advisory	10:38am - 10th Gr LG	4:15pm - G/B Golf@NU	10am - CG Tryouts HS Aud
	5:30pm - B Soc@IF/A	Spm - G TR@CGD	9.30nm - Toon Coun Mta	OAD @ Droc		
			Z.Sopiii - Leen Couii. Mig.	Izpm - GAP @ Pres.	SH S - Ede	
	5:30pm - DC Parent Mtg @	5:30pm - G Soc@WC		12:32pm - 11th Gr LG	7 pm - JH Variety Show	
	6:30pm - School Bd Mtg.			4:30pm - 7/8 B TR @ BK		
	7pm - FCA Meeting			4:45pm - G Soc@MC		
	7 pm - SB Open Gym			5pm - B TR@LM		
				5pm - G TR@NI		
				5:30pm - B Soc(H)CC		
				6:30pm - Jrs-Fin Aid Night		
				7 pm - 1st Gr Concert@K4		
115	16		18	19	20	21
7 pm - FCA Worship Night	4:15pm - G/B Golf(H)EG.FC	4:15pm - G/B Golf@WF	1 Hr Early Dismissal	4:30pm - 7/8 B TB @ WH	4:15pm - G/B Golf/H)BG NI	7.30m - Brom Grand
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	dran a - mdos:+	4:30pm - 1/8 B IR @ FC		/pm - Spring Band Concert	4:30pm - B TR@NB	9pm - to 11:30 p.m. Prom
	5pm - B Soc@Hudson	4:30pm - 7/8 G TR @ Osage		8:30pm - FCA Meeting	5pm - G TR@CC	
	5:30pm - G Soc(H)IF/A	4:30pm - G TR (H)			5:30pm - B Soc(H)Humb	
	7pm - SB Open Gym					
22	23	24	25	26	27	28
	4:15pm - G/B Golf@EG,BK	4:30pm - 7/8 B TR @ NK	1 Hr Early Dismissal	7:45am - RAOC	4:15pm - G/B Golf@WH	8am - B Golf@WH Tour.
	4:30pm - 7/8 G TR @WH	4:30pm - B TR (H)		4:30pm - 7/8 B TR @ Osage	4:30pm - JH G TR(H)	9am - G Golf@Clarion Tour.
	5pm - B TR @ N-K	4:30pm - G TR@FC		5pm - B/G TR@NU	5:30pm - B Soc@CL	9am - G Soc Tourn.(H)
	5pm - B Tr@NK	5:30pm - G Soc@AP		5:30pm - G Soc(H)Humb		
	5pm-GTR@LM			7 pm - Kdg Concert@K4		
	5:30pm - B Soc(H)WC					
	7 pm - SB Open Gym					
59	30		2	8	4	5
	1st Day of BB	7 pm - Spring Vocal Concert	1 Hr Early Dismissal	4pm - G/B TR@LM (TIC)	ACT Reg Deadline June Test	8th Grade DC Trip
	4:15pm - G/B Golf@FC w/NU	8:30pm - FCA Meeting	10:45am - P Ranch RndUp	4:30pm - 7/8 G TR@Algona		LG Music Contest
	4:30pm - G/B TR (H)		11am - P Ranch RndUp	5:30pm - G Soc(H)AP		
	4:45pm - B Soc@MC		7pm - Baccalaureate	6pm - 4 Yr PS Parent Info		
	7 nm - SB Onen Gvm					

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Sat 5 8th Grade DC Trip LG Music Contest	12 19m - JH Beg.Tharts Perf 2:30pm - JH MusicTharts 4:30pm - JH Adv.ThartsPerf	6	N i Band Fest.  Dance Recital @ HS  SB@LM Tourney
ACT Reg Deadline June Test (4:30pm - JH B TR(H)	B Dist. Golf 8:40am - 3rdGr Fld Tr-Rock 5 pm - B Soc@Humboldt 5:30pm - G Soc(H)Denver	8am - INT to Blank Park 11am - ElemTr&Field Day 12pm - Ntl Gd ObstCrs	Teacher PD 5:30pm - JV/V BB(H)New. 6pm - V/JV SB(H)New  1 Dance Recital @ HS 5:30pm - JV/V BB@BK 6pm - V/JV SB@BK
Thu 3 4pm - G/B TR@LM (TIC) 4:30pm - 7/8 G TR@Algona 5:30pm - G Soc(H)AP 6pm - 4 Yr PS Parent Info	B/G Dist.TR 7:45am - RAOC 8:25am - Sr Awards in Aud 8:40am - RainDay-3rd Gr 12pm - GAP @ Method	8:25am - Grad.Rehearsal 4pm - L Caesar's Pizza P-Up 5pm - G Soc@Humboldt	5:30pm - G Soc(H)Gilbert 5:30pm - JV/V BB(H)NK  Teacher PD 6pm - V/JV SB(H)Humb.
Wed  1 Hr Early Dismissal  10:45am - P Ranch RndUp  11am - P Ranch RndUp  7 pm - Baccalaureate	1 Hr Early Dismissal 10:45am - P Ranch RndUp 11am - P Ranch RndUp 2:30pm - Teen Coun. Mtg.	GHV Elementary  1 Hr Early Dismissal  Sr Hand in Chromebooks  Sr Last Full Day  Srs Eat "C"	23  2 Hr Early Dismissal  End Otr 4/Sem 2  Inter Tr&Field-RainDay  6 pm - V/JV SB@NK  730  730  730  75:30pm - JV/V BB(H)FC  6 pm - V/JV SB(H)FC
Tue  7 pm - Spring Vocal Concert 8:30pm - FCA Meeting	4 pm - B JV Soc(H)CL 5:30pm - B Soc(H)CL 7 pm - 6thGr Band/VocCon 7 pm - G Soc(H)CL	Ag in the Classroom ® GHV Elementary ® the classrooms ® GDist Golf G Dist Golf 4:30pm - 7/8 G TR@EagleGr 5:30pm - G Soc(H)WC 6:30pm - SthGr Band/Voc Con	9am - JH 8th Gr Promotion 5:30pm - G Soc@IF/A Teacher PD 5:30pm - JV/V BB@NI 6pm - V/JV SB@NI
### Mon 30  1st Day of BB  4:15pm - G/B Golf@FC w/NU  4:30pm - G/B TR (H)  4:45pm - B Soc@MC  7pm - SB Open Gym	1st Day of SB 10am - B TIC Golf@WH 10am - G TIC Golf@NU 5:30pm - B Soc@WC 6pm - 3 Yr PS Parent Info	Ag in the Classroom @ GHV E G Dist Golf 4:30pm - 7/8 B TR@Waldorf 4:30pm - 7/8 G TR@EagleGr 5:30pm - G Soc(H)WC 6:30pm - School Bd Mtg. 7pm - 5thGr Band/Voc Con	B Reg. Soc Intermediate Track & Field 5:30pm - JV/V SB@E'burg BB@St. Eds Tourney Memorial Day 10:30am - JHBand@MemDS
Sun 29	8th Grade DC Trip 5pm - Sr. Pizza Party	13	1:30pm - Graduation@HS